



<b>SYLLABUS</b>	
<b>Course:</b>	Psychology
<b>Subject:</b>	Family with a child with pervasive developmental disorders
<b>Department</b>	Department of Psychology
<b>Study Level</b>	Master degree
<b>Semester</b>	Winter
<b>ECTS Credits</b>	3 (30hrs)
<b>Teaching methods</b>	Workshop (30hrs)
<b>Course Topics</b>	<ol style="list-style-type: none"><li>1. Understanding the experience of diagnosis</li><li>2. Recognizing Patterns of Parent Stress Over Time</li><li>3. Appreciating the Effects of ASD on Parents and Their Relationships</li><li>4. Providing Support for Siblings</li><li>5. Understanding a Family's Culture</li><li>6. Identifying Key Coping Strategies</li><li>7. Embracing New Styles of Communication</li><li>8. Everyday Challenges Outside the Home</li><li>9. Child's Social Skills: Communicating, Cooperating and Contributing.</li><li>10. The Social World of Children and Adolescents with High Functioning Autism Spectrum Disorder</li><li>11. High Functioning Autism Spectrum Disorder at Home,</li><li>12. High Functioning Autism Spectrum Disorder in Late Adolescence and Adulthood</li><li>13. Coordinating with Teachers. Trainers and Other Caregivers</li><li>14. Building a Strong Rapport with Parents</li><li>15. Integrating Extended Family in Care and Treatment</li></ol>
<b>Grading policy</b>	The final mark is the sum of marks: 40% preparing a presentation and exercises for the chosen subject, 40% essay, 20% class work
<b>References</b>	<ol style="list-style-type: none"><li>1. Boone V., Positive Parenting for Autism: Powerful Strategies to Help Your Child Overcome Challenges and Thrive, Althea Press, 2018.</li><li>2. Fiske K. E., Smith T., Autism and the Family: Understanding and Supporting Parents and Siblings, W.W. Norton &amp; Company, 2017.</li></ol>



	<ol style="list-style-type: none"><li>3. Knapp A. Parenting a Child with Autism Spectrum Disorder: Practical Strategies to Strengthen Understanding, Communication, and Connection, Rockridge Press, 2020.</li><li>4. Ozonoff S., Dawson G., McPartland J. C., A Parent's Guide to HighFunctioning Autism Spectrum Disorder, Second Edition: How to Meet the Challenges and Help Your Child Thrive, The Guilford Press, 2015.</li><li>5. Zamkowska A., Olszewski M, Families with a Disabled Child's Perception of Societal Attitudes Towards Them, Clinical Social Work and Health Intervention, No. 1, Vol. 11, 2020, pp. 56-63.</li></ol>
<b>Prerequisites</b>	Language: English, CEFR level B1 or higher
	Other:
<b>Teacher</b>	Assoc Prof. Anna Zamkowska
	Location: ul. Malczewskiego 22 room 109
	Email: a.zamkowska@urad.edu.pl
	Phone: (48) 48 361 78 41
<b>Tuition fees</b>	do not apply for EU/EEA citizens or exchange students